



Playing From Side Hill Lies

Paul Kelly, Director of Golf, Glendenning Golf Club

Side Hill Lies

I often get asked how to play shots from uneven lies such as when the ball is above or below your feet on a side hill. Here is an easy rule to remember for the next time you encounter a side hill lie.

Remember The Down Hill Rule

The main thing to know when playing from a side hill lie is that the ball will always turn downhill. That means for a right handed golfer playing a ball above your feet you can expect the ball to turn left when hit. If the ball is below your feet you can expect it to turn right when hit.

For a left handed golfer playing a ball above your feet you can expect the ball to turn to the right when hit. If the ball is below your feet you can expect it to turn left when hit.

Just remember, the ball always turns downhill on a side hill lie so factor that in when setting up and aiming your shot.